



COVENTRY ELEMENTARY MENU

Students must select a minimum of 3 items to qualify as a reimbursable lunch!
Students must take at least one fruit or vegetable.

LUNCH
PRICE:
\$2.75



BAUMAN ORCHARDS, INC.

Fresh local apples grown in Rittman, Ohio



For the 2017-18 School Year, Twinsburg City Schools will be buying only the best locally grown apples for our students! Each month we will feature a new fresh, local apple from Bauman Orchards. We hope your students enjoy the fresh difference!

Aug & Sept.	- Paula Red Apples	February	- Empire Apples
October	- Yellow Delicious	March	- Melrose Apples
November	- Pink Lady Apples	April	- Red Delicious
December	- Macintosh Apples	May	- Fuji Apples
January	- Gold Rush Apple		

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You Choose, We Serve **SALAD BAR**

Start with a bed of Fresh Romaine Lettuce & Carrots
Choice of: Popcorn Chicken, Diced Ham or Diced Turkey.
Choice of Cheddar or Mozzarella Cheese
Toppings: Cucumbers, Grape Tomatoes, imitation (vegetarian) bacon bits, Croutons and your choice of low fat Italian or our homemade low fat ranch dressing. Served with a W.G. Hot Soft Pretzel

STRAWBERRY AND MIXED BERRY SMOOTHIE

MADE WITH WHOLE STRAWBERRIES AND BLUEBERRIES WITH YOPLAIT VANILLA YOGURT



HEALTHY OFFERINGS BACK IN 2017-18



AS ALWAYS...WE USE OUR HOMEMADE, FRESH, LOW SODIUM PIZZA SAUCE AND GARLIC PASTE ON OUR WHOLE GRAIN PIZZAS AND CHEESY BREADS

Whole Grain Mini Corn Dogs (Chicken) and Whole Grain Mini Pancakes





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NOVEMBER & DECEMBER 2017

	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 4 (Beginning) November 27th - December 1st	THANKSGIVING BREAK NO SCHOOL! NOVEMBER 23RD—27TH 	5) CHICKEN NUGGETS W/ W.W.DINNER ROLL or (2) HOMEMADE CHEESY BREADSTICKS w/ SAUCE PICK 1 or 2: MASHED POTATOES/GRVY ROMAINE SALAD w/ DRSG PICK 1: DICED STRAWBERRIES CANNED PEARS	STRAWBERRY SMOOTHIE W/ HOT SOFT PRETZEL or PEPPERONI OR CHEESE PIZZA PICK 1 or 2: BAKED CURLY FRIES ROMAINE SALAD w/ DRSG PICK 1: PINEAPPLE TIDBITS Sliced Banana w/ CHOC. DRIZZLE BONUS - FORTUNE COOKIE	CHICKEN PATTY SANDWICH or MACARONI & CHEESE PICK 1 or 2: BROCCOLI W/ CHEESE SCE SLICED CUKES W/ DIP PICK 1: PEACHES FRESH APPLE SLICES w/ DIP BONUS—CARNAVAL COOKIE	NACHOS W/REAL NACHO CHEESE SAUCE OR BURGER OR CHEESEBURGER PICK 1 or 2: TEX MEX BAKED BEANS SUNSET SIP —BLENDED VEGGIE JUICE PICK 1: RED SEEDLESS GRAPES APPLESAUCE
WEEK 1 (Beginning) December 4th	3 PANCAKES W/ SYRUP w/ 1.5 oz Slice of Fried Ham or PEPPERONI OR CHEESE PIZZA PICK 1 or 2: POTATO TRIANGLE BABY CARROTS W/ DIP PICK 1: JUICY ORANGE JELLO (made with real orange juice) CINNAMON APPLESAUCE	WALKING TACO (TACO MEAT, CHEESE AND LETTUCE IN A BAG OF REDUCED FAT DORITOS) or (2) HOMEMADE CHEESY BREADSTICKS w/ SAUCE PICK 1 or 2: BUTTERED CORN BABY CARROTS W/ DIP PICK 1: DICED STRAWBERRIES OR CANNED PEARS BONUS—GIANT GOLDFISH GRAHAM	You Choose, We Serve SALAD BAR W/ HOT SOFT PRETZEL or STRAWBERRY YOGURT W/ HOT SOFT PRETZEL PICK 1 or 2: BABY CARROTS SLICED CUKES W/ DIP PICK 1: PINEAPPLE CHUNKS Sliced Banana w/ CHOC. DRIZZLE BONUS - CHOCOLATE CHIP COOKIE	POPCORN CHICKEN W/ MINI HOT SOFT PRETZEL or (2) HOMEMADE CHEESY BREADSTICKS w/ SAUCE PICK 1 or 2: BBQ Baked Beans DRAGON PUNCH JUICE — BLENDED VEGGIE JUICE PICK 1: PEACHES FRESH APPLE SLICES w/ DIP	PEPPERONI OR PEPPERONI AND SAUSAGE PIZZA OR HOT SOFT PRETZEL W/ REAL NACHO CHEESE SAUCE PICK 1 or 2: BROCCOLI W/ CHEESE SCE. BABY CARROTS W/ DIP PICK 1: RED SEEDLESS GRAPES APPLESAUCE BONUS—FORTUNE COOKIE
WEEK 2 (Beginning) December 11th	ALL BEEF HOT DOG ON A BUN or PEPPERONI OR CHEESE PIZZA PICK 1 or 2: SEASONED WAFFLE FRIES BABY CARROTS W/ DIP PICK 1: STRAWBERRY APPLESAUCE 4oz ORANGE JUICE Bonus—Mini Rice Krispie Treat	(5) CHICKEN NUGGETS W/ W.W.DINNER ROLL or (2) HOMEMADE CHEESY BREADSTICKS w/ SAUCE PICK 1 or 2: MASHED POTATOES/GRVY ROMAINE SALAD w/ DRSG PICK 1: DICED STRAWBERRIES CANNED PEARS	MIXED BERRY SMOOTHIE W/ HOT SOFT PRETZEL OR PEPPERONI OR CHEESE PIZZA PICK 1 or 2: BAKED CURLY FRIES ROMAINE SALAD w/ DRSG PICK 1: PINEAPPLE CHUNKS Sliced Banana w/ CHOC. DRIZZLE BONUS - FORTUNE COOKIE	CHICKEN PATTY SANDWICH or (2) HOMEMADE CHEESY BREADSTICKS w/ SAUCE PICK 1 or 2: GREEN BEANS SLICED CUKES W/ DIP PICK 1: PEACHES FRESH APPLE SLICES w/ DIP BONUS—CARNAVAL COOKIE	NACHOS W/REAL NACHO CHEESE SAUCE OR BURGER OR CHEESEBURGER PICK 1 or 2: TEX MEX BAKED BEANS SUNSET SIP —BLENDED VEGGIE JUICE PICK 1: RED SEEDLESS GRAPES APPLESAUCE
WEEK 3 (Beginning) December 18th	3 PANCAKES W/ SYRUP w/ 1.5 oz Slice of Fried Ham or PEPPERONI OR CHEESE PIZZA PICK 1 or 2: POTATO TRIANGLE BABY CARROTS W/ DIP PICK 1: WARM CINNAMON SUGAR APPLE SLICES 4oz ORANGE JUICE	WALKING TACO (TACO MEAT, CHEESE AND LETTUCE IN A BAG OF REDUCED FAT DORITOS) or (2) HOMEMADE CHEESY BREADSTICKS w/ SAUCE PICK 1 or 2: BUTTERED CORN BABY CARROTS w/ DIP PICK 1: DICED STRAWBERRIES OR CANNED PEARS BONUS—GIANT GOLDFISH GRAHAM	You Choose, We Serve SALAD BAR W/ HOT SOFT PRETZEL or STRAWBERRY YOGURT W/ HOT SOFT PRETZEL PICK 1 or 2: BABY CARROTS SLICED CUKES W/ DIP PICK 1: PINEAPPLE CHUNKS Sliced Banana w/ CHOC. DRIZZLE BONUS - ICED HOLIDAY COOKIE	WINTER BREAK NO SCHOOL! DECEMBER 21ST— JANUARY 2ND!	

STRAWBERRY AND MIXED BERRY SMOOTHIES ARE MADE WITH WHOLE STRAWBERRIES AND BLUEBERRIES AND YOPLAIT VANILLA YOGURT!

GREEN PRINT INDICATES VEGETARIAN OPTION

ALL BREAD, PASTAS, RICE, PIZZA CRUSTS AND BREADING ARE WHOLE GRAIN TO COMPLY WITH FEDERAL STANDARDS.

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JANUARY 2018

	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 4 (Beginning) January 1st	 <p>WINTER BREAK NO SCHOOL! DECEMBER 21ST—JANUARY 2ND!</p>		<p>STRAWBERRY SMOOTHIE w/ HOT SOFT PRETZEL or PEPPERONI OR CHEESE PIZZA</p> <p>PICK 1 or 2: BAKED CURLY FRIES ROMAINE SALAD w/ DRSG PICK 1: PINEAPPLE TIDBITS Sliced Banana w/ CHOC. DRIZZLE BONUS – FORTUNE COOKIE</p>	<p>CHICKEN PATTY SANDWICH or MACARONI & CHEESE</p> <p>PICK 1 or 2: BROCCOLI w/ CHEESE SCE SLICED CUKES w/ DIP</p> <p>PICK 1: PEACHES FRESH APPLE SLICES w/ DIP BONUS—CARNAVAL COOKIE</p>	<p>NACHOS W/REAL NACHO CHEESE SAUCE OR BURGER OR CHEESEBURGER</p> <p>PICK 1 or 2: TEX MEX BAKED BEANS</p> <p>SUNSET SIP—BLENDED VEGGIE JUICE PICK 1: RED SEEDLESS GRAPES APPLESAUCE</p>
WEEK 5 (Beginning) January 8th	<p>3 PANCAKES W/ SYRUP w/ 1.5 oz Slice of Fried Ham or PEPPERONI OR CHEESE PIZZA</p> <p>PICK 1 or 2: POTATO TRIANGLE BABY CARROTS w/ DIP PICK 1: JUICY ORANGE JELLO (made with real orange juice) CINNAMON APPLESAUCE</p>	<p>CHOICE OF JUMBO CRUNCHY OR SOFT TACO w/ lettuce and cheese or (2) HOMEMADE CHEESY BREADSTICKS w/ SAUCE</p> <p>PICK 1 or 2: BUTTERED CORN BABY CARROTS w/ DIP PICK 1: DICED STRAWBERRIES CANNED PEARS BONUS—GIANT GOLDFISH GRAHAM</p>	<p><i>You Choose, We Serve</i> SALAD BAR w/ HOT SOFT PRETZEL or STRAWBERRY YOGURT w/ HOT SOFT PRETZEL</p> <p>PICK 1 or 2: BABY CARROTS SLICED CUKES w/ DIP PICK 1: PINEAPPLE CHUNKS</p>	<p>POPCORN CHICKEN w/ MINI HOT SOFT PRETZEL or (2) HOMEMADE CHEESY BREADSTICKS w/ SAUCE</p> <p>PICK 1 or 2: BBQ Baked Beans DRAGON PUNCH JUICE — BLENDED VEGGIE JUICE PICK 1: PEACHES FRESH APPLE SLICES w/ DIP</p>	<p>STAFF DAY NO SCHOOL FOR STUDENTS!</p>
WEEK 6 (Beginning) January 15th	<p>Martin Luther King Holiday! No School!</p>	<p>(5) CHICKEN NUGGETS w/ W.W.DINNER ROLL or (2) HOMEMADE CHEESY BREADSTICKS w/ SAUCE</p> <p>PICK 1 or 2: MASHED POTATOES/GRVY ROMAINE SALAD w/ DRSG PICK 1: DICED STRAWBERRIES CANNED PEARS</p>	<p>MIXED BERRY SMOOTHIE w/ HOT SOFT PRETZEL OR PEPPERONI OR CHEESE PIZZA</p> <p>PICK 1 or 2: BAKED CURLY FRIES ROMAINE SALAD w/ DRSG PICK 1: PINEAPPLE CHUNKS Sliced Banana w/ CHOC. DRIZZLE BONUS – FORTUNE COOKIE</p>	<p>CHICKEN PATTY SANDWICH or (2) HOMEMADE CHEESY BREADSTICKS w/ SAUCE</p> <p>PICK 1 or 2: TEX MEX BAKED BEANS SLICED CUKES w/ DIP PICK 1: PEACHES FRESH APPLE SLICES w/ DIP BONUS—CARNAVAL COOKIE</p>	<p>PENNE PASTA W/ Marinara & 3 MEATBALLS Garlic Bread OR BURGER OR CHEESEBURGER PICK 1 or 2: GREEN BEANS SUNSET SIP—BLENDED VEGGIE JUICE PICK 1: RED SEEDLESS GRAPES CINNAMON APPLESAUCE</p>
WEEK 7 (Beginning) January 22nd	<p>3 PANCAKES w/ SYRUP w/ 1.5 oz Slice of Fried Ham or PEPPERONI OR CHEESE PIZZA</p> <p>PICK 1 or 2: POTATO TRIANGLE BABY CARROTS w/ DIP PICK 1: WARM CINNAMON SUGAR APPLE SLICES 4oz ORANGE JUICE</p>	<p>WALKING TACO (TACO MEAT, CHEESE AND LETTUCE IN A BAG OF LOW FAT DORITOS) or (2) HOMEMADE CHEESY BREADSTICKS w/ SAUCE</p> <p>PICK 1 or 2: BUTTERED CORN BABY CARROTS w/ DIP PICK 1: DICED STRAWBERRIES OR CANNED PEARS BONUS—GIANT GOLDFISH GRAHAM</p>	<p><i>You Choose, We Serve</i> SALAD BAR w/ HOT SOFT PRETZEL or STRAWBERRY YOGURT w/ HOT SOFT PRETZEL</p> <p>PICK 1 or 2: BABY CARROTS SLICED CUKES w/ DIP PICK 1: PINEAPPLE CHUNKS Sliced Banana w/ CHOC. DRIZZLE BONUS – CHOCOLATE CHIP COOKIE</p>	<p>POPCORN CHICKEN w/ W.W. MINI HOT SOFT PRETZEL or (2) HOMEMADE CHEESY BREADSTICKS w/ SAUCE</p> <p>PICK 1 or 2: BBQ Baked Beans DRAGON PUNCH JUICE — BLENDED VEGGIE JUICE PICK 1: PEACHES FRESH APPLE SLICES w/ DIP</p>	<p>4" TURKEY & CHEESE ON A FRESH BAKED SUB BUN OR PEPPERONI OR CHEESE PIZZA</p> <p>PICK 1 or 2: OVEN BAKED CURLY FRIES BABY CARROTS w/ DIP PICK 1: RED SEEDLESS GRAPES CINNAMON APPLESAUCE BONUS—FORTUNE COOKIE</p>

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